

# Hope Connection

May 2009

## From the Desk of the Executive Director...



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Once again, Rumford and Hope Association have lost another wonderful citizen and mentor. I just learned that Polly Farwell went home to be with the Lord.

Polly was a wonderful teacher and mentor. I first met her when I was a student teacher at the Hope School in Mexico. Then, I had the privilege of working with her over the years as she sat on various boards to help support the Oxford County Association for Retarded Children (ARC), now Hope Association.

Polly was warm and welcoming and anxious to have someone who would take an interest in her students. As a teacher, she taught me many things regarding how to approach teaching for kids with special needs and gifts.

As a mentor, I enjoyed watching her at various meetings where she would listen intently, weigh the options and then speak kindly regarding how she felt about an issue. Her one true objective was to ensure that kids with special needs received whatever opportunities that they could to help enrich their lives.

We need people like Polly Farwell to step forward and help lead the way for people with special needs and gifts. I'm sure that her rest is well deserved, but she will be sorely missed in the Rumford and Mexico communities. Thank you Polly for all that you did for people with disabilities and for me.

*Greg Fraser*  
Immediate Past Executive director

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## Over 10 yrs of Dedication



Each employee at Hope Association is extremely dedicated to providing high quality services to all of our clients. This is evident by the amount of years staff have continued their employment with Hope Association.

Pictured on the left are employees who have worked at Hope Association for over 10 years.

Front row, from left to right: Sue Lavoie (16 Yrs), Karen Sinclair-Belyea (15 yrs), Malinda Gallant (16 yrs), Dee Grenier (21 yrs), and Tina Roy (21 yrs).

Middle row, from left to right: Sheila Bartlett (17yrs), Tammy Waugh (23 yrs), Sherley Goff (16yrs), Tena Bennett (12 yrs), Geraldine Ramsdell (20 yrs), and Doreen Richard (27 yrs).

Back row, from left to right: Catherine Johnson (15 yrs), Stacy Thompson (15 yrs) and Vickie Morton (20 yrs).

Missing from photo: Peggy Vaughn (19 yrs) and Barbara Remeika (10 yrs)

Hope Association wants to thank you all for your many years of service.





## WHAT'S HAPPENING...

May - 5th - Briar Patch Greenhouse opens.

9th - Craft Fair at AAC from 9am to 2pm

15th -Hot Lunch - Shepard's pie with roll. Meals come w/ soda and dessert for \$4.00

19th- Board Meeting at 5:30pm

20th -Alzheimer's Support Group Meeting, 7:00pm @ AAC. Contact Donna FMI @ 3644561

22nd - Spring Fashion show at AAC. 12:00pm Glee Club, 12:30pm Fashion Show begins.

25th - Memorial Day - AAC Closed

### Do You Know Devon Pineau?

Devon is a 20 year old, young lady who attends Hope Association five days a week. Devon lives in Dixfield with her mom and dad.

Going on community outings with her friends from Hope Association is one of Devon's favorite things to do.

Devon also enjoys volunteering for Meals on Wheels.



### Meals On Wheels



### Drum Therapy



The instruments above were purchased for Lea Walker as sensory tools. Drumming is recommended as a great tool any one can do to help them relax and rid themselves of anxiety. As you bang on the drum it sends vibrations throughout your body. If there are a large number of people drumming at the same time using the beat, the vibrations can be felt all around the circle of drummers.

Pictured above is Beth Wasson and Lea Walker drumming together at Fourth Street.

Submitted by Shenna Webster.

Meals on Wheels continues to be an important part of Hope Association's Community Support Program. Four days a week, three routes a day, Hope Association staff and participants volunteer with Seniors Plus to ensure a hot meal along with a friendly greeting is delivered.

Hope Association has been offering their services to Seniors Plus since 2003.

Pictured on the left is David Knox and Matt Shaw delivering a meal to Laurette Arsenault, a Meals on Wheels recipient.

Submitted by Peggy Vaughn

**On May 17th,  
Armory Bingo will  
be wrapping up for  
the Summer.**

**Hope Association  
would like to thank all  
of the bingo volunteers  
for a great season.**

**See you in the fall!**



### Snowboarding at Sunday River



On February 28th, Sunday River hosted the 2009 Visa US Snowboarding Cup. Darren Buker was at Sunday River that day and met professional snowboarder Seth Wescott. Seth invited Darren to sit in the VIP box with Seth and his friends.

Pictured above is Darren with pro snowboarder, Seth Wescott.

Submitted by Andrea Wing

### Shrine Circus



On April 25th, Marty Towle and Robert Hebert enjoyed a day at the Shrine Circus. Marty and Robert loved the clowns and tigers. Marty especially enjoyed the beautiful sparkling costumes that were worn.

The group stopped for lunch at Pizza Hut after the circus. On the way home they enjoyed singing songs.

Pictured above is Stormy Cogley, Robert Hebert and Marty Towle.

Submitted by Stormy Cogley

### Peter's T-Shirt



Peter Gallant likes t-shirts, especially if he can design them himself. Peter and Osie Every put their creativity together and came up with a very unique shirt made with all kinds of embellishments. The shirt has one of Peter's favorite pictures on it along with some colored art work and a music scale on the back which reads Music Man. This is a wonderful way for Peter to display all of the things he loves.

Pictured above is Peter Gallant and Osie Every.

Submitted by Victoria Cyr

### SUFU Speaker



On April 21st, "Charlie Who" performed at Hope Association. His act included magic, juggling, and telling jokes. Participants were encouraged to help Charlie with certain tricks. He kept the audience in stitches with his wonderful performance.

Pictured above is Ross Bean looking at Ken Tillberg with balloon glasses on.

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**Providing quality services  
for over 40 years.**

### **Congratulations...**

Congratulations to the following employees who will be adding on another year of service in May.

- Tina Roy - 21 yrs
- Sue Lavoie - 16 yrs
- Stacy Thompson - 15 yrs
- Barbara Remeika - 10 yrs
- Cindy Beedy - 6 yrs
- April Tillberg - 2 yrs
- Rebecca Buck - 2 yrs
- Paul Cayer - 2 yrs
- Shenna Webster - 2 yrs

**Thank you for your dedication and hard work!**



**Briar Patch Greenhouse**  
**85 Lincoln Ave. Rumford, ME 04276**  
**364-2388**

**Opening for the season on**  
**May 5th**

**Hours of Operation:**  
**Tuesday through Sunday**  
**10am to 4pm**  
**Closed on Mondays**



**WHAT NOT SHOP**  
**SPRING FASHION SHOW**  
**May 22nd -12:00pm at the AAC**

**WHAT NOT SHOP**  
**Monday - Friday 9am - 4pm**  
**SATURDAYS 9am - 1pm**  
**85 Lincoln Ave, Rumford**  
**364-2139**